



My Definite Major Purpose

Name: _____

Today's Date: _____

Step 1: Determine your overall life goal or ambition. How would it look? Consider what it would take to really make you happy, like an ideal retirement? What are the possible pay-offs in happiness, contentment, and economic security? Picture it in your mind so intensely that you can really visualize it in your mind's eye. Regularly review it and practice creative visualization until it becomes a part of your subconscious mind. Write this goal down now in Step 1.

Step 2: Do your homework. Research all the information you can about this goal. Are there requirements for it? Are there steps involved, or smaller goals that must be completed first? Write about your findings in Step 2.
